Comparison between indices of exposure risk to Nitrogen dioxide and their impact on health of people in Southwest of Iran

Elaheh Zalaghi¹, Sahar Geravandi²,³, Mehdi Norizadeh hadad⁴, Gholamreza Goudarzi⁵, Esmat Shirbeigi⁶, saiedeh Shaghayegh alavi⁷, Mohammad javad Mohammadi⁸,³ *

¹Ph.D. Student in Environmental Pollution, Islamic Azad University, Khouzestan Science and Research Branch, Ahvaz, Iran.
²M.Sc. Student of Nursing, Islamic Azad University, Tehran Medical Sciences Branch, Tehran, Iran.
³Razi Teaching Hospital, Clinical Research Development Center, Ahvaz Jundishapur University of Medical Sciences, Ahvaz, Iran.
⁴Assistant Professor, Payam nour University, Tehran, Iran.
⁵Environmental Technologies Research Center, Ahvaz Jundishapur University of Medical Sciences, Ahvaz, Iran.
⁶Nutrition & Metabolic Diseases Research Center, Ahvaz Jundishapour University of Medical Sciences, Ahvaz, Iran.
⁷Ph.D. Student of Bio technology, Tehran University, Tehran, Iran
⁸Ph.D. Student, Department of Environmental Health Engineering, Ahvaz Jundishapur University of Medical Sciences, Ahvaz, Iran.

*Corresponding Address: Ahvaz Jundishapur University of Medical Sciences, Ahvaz, Iran
E-mail: Mohamadi.m@ajums.ac.ir

Abstract

Background and Aims: Air pollution is very important because every human being inhales an average of 10 m³ air. Also air pollution has adverse impacts on human health. The objective of this study is to compare of relative risk and attributable proportion exposure to Nitrogen dioxide in the southwest of Iran.

Methods: This descriptive study was conducted in Ahwaz, Kermanshah and Bushehr cities during 2012. In this study, Data were collected from Department of Environment (DOE) and analyzed to determine the relative risk (RR) and attributable proportion (AP) of NO2 in three mentioned cities.

Results: Based on the results, the total accumulative number of cardiovascular death attributed to exposure with NO2 in Ahwaz, Kermanshah and Bushehr were 43, 48 and 4 cases, respectively. The relative risk of NO2 attributed to cardiovascular death was in a moderate level (1.002). The maximum and minimum number of obstructive pulmonary disease attributed to NO2 was observed in Kermanshah and Bushehr with 21 and 3 cases, respectively.

Conclusion: According to this study increasing the NO2 concentration has a direct and significant effect on death rates of cardiovascular and obstructive pulmonary diseases.

Keywords: NO2, Cardiovascular disease, Relative risk, attributable proportion.