

Quality of Professional life among Nurses of hospitals in Torbat Heydariyeh city in 2016

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Abstract

Background & Aim: Quality of professional life is a critical concept which is related to personal characteristics and workplace of individuals. Also it is an important issue for health system and health care givers. There is a little information about the quality of professional life among health staff in the country. This study carried out to assess the quality of professional life among nurses of hospitals in Torbat Heydariyeh city in 2016.

Methods: This was a descriptive/analytical study conducted on 200 nurses working in two 9-dey and Razi hospitals in Torbat Heydariyeh through stratified sampling. Data collection tool was ProQOL 5 (2009) standard questionnaire. Data were analyzed using SPSS 20 and descriptive and inferential statistics.

Results: The mean scores of three subscales of quality of professional life (Compassion Satisfaction, Compassion Fatigue and secondary stressor) were $26/41 \pm 4/71$, 36.17 ± 7.79 and $31/73 \pm 7/75$. In addition, there was a significant relation in the mean scores of Compassion Satisfaction, Compassion Fatigue with gender, job title and the hospitals.

Conclusion: The quality of professional life among nurses was not satisfactory. This concept is affected by several factors that need to be studied in more details.

Keywords: quality of professional life, Compassion Satisfaction, Compassion Fatigue, secondary stressor