

A review of Sexual Functioning Disorders amongst Postmenopausal women referring to health centers of Torbat Heydariyeh in 2016

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Abstract

Background & Aim: These days it is expected that postmenopausal women live a healthier life for more years. Although sexual relations play an important role for the stability of family life, there is little information in hand about this serious subject in our town. This research is regarding the status of sexual functioning disorders amongst postmenopausal women referring to health centers of Torbat Heydariyeh in 2016.

Methods: the present study is a descriptive one which has been conducted in Torbat Heydariyeh. The community consisted of 200 of postmenopausal women referring to health and medical centers of in this city. Tools for the project included: a demographic features form and sexual functioning questionnaire in women (FSFI). The data were analyzed by SPSS software ver .18 and descriptive status.

Results: The average total grade of sexual functioning was 22.53+/- 5.91 (in the domain of 14.40 to 35.60). Most of the units under study had a low result of (72.5%). Also amongst the 6 fields of sexual functioning, the highest disorder was of slipperiness (93.5%) and the least level of disorder was of satisfaction (72.5%).

Conclusion: Sexual functioning of postmenopausal women in our town is at an undesirable level. It is recommended that further actions be taken in order to recognize the related factors and resolve the prevalent problems.

Keywords: Sexual functioning, Menopause, Women